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## Region 6 Homeland Security Board and Safeguard Iowa Partnership Announce Week 7 of “20 Weeks to Preparedness Program”

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Welcome to Week 7 of the 20 Weeks to Preparedness Program brought to you by the Region 6 Homeland Security Board and Safeguard Iowa Partnership. This program will help to better prepare you and your family, a little at a time, over a 20 week period. Each week new preparedness information will be shared in this publication including a list of items to gather or purchase for your disaster supply kit. Sign up at [www.safeguardiowa.org/subscribe-to-be-prepared](http://www.safeguardiowa.org/subscribe-to-be-prepared) to receive weekly reminders and announcements related to the 20 Weeks to Preparedness program.

Use this program to gather items for your kit in small steps over a five month period. Remember to change and replace perishable items by the expiration date. Purchasing the food suggested by this program would last approximately 3-5 days.

Place in storage bin:

- ✓ Disposable eating utensils
- ✓ Camp-style stove, fuel, and matches in a waterproof container
- ✓ Disposable plates and heavy duty garbage bags
- ✓ Canned soup (one can per person)

Personalized Item (if applicable):

- ✓ Denture supplies

To do:

- ✓ Purchase and/or install emergency escape ladders, if necessary.

Additional assistance is available by contacting your local Emergency Management Coordinator at 319-356-6761 or visiting their website at: [http://www.johnson-county.com/dept\\_emergency\\_home](http://www.johnson-county.com/dept_emergency_home)

The Homeland Security Board is comprised of fourteen counties in eastern Iowa that coordinate homeland security planning, training, exercise, response, and recovery. The counties included are Benton, Black Hawk, Buchanan, Cedar, Clayton, Clinton, Delaware, Dubuque, Iowa, Jackson, Johnson, Jones, Linn, and Scott.

The Safeguard Iowa Partnership is a voluntary coalition of the state's business and government leaders, who share a commitment to working together to prevent, prepare for, respond to and recover from disasters in Iowa.